

## Coquitlam Orthodontist

Orthodontics is not just about straighter teeth and a better bite, it's also about general oral hygiene and improved self-respect. Even though it's fairly important to have stunning smiles and straight teeth, at times we must concentrate more on the potential concerns and pay more attention to cavities and jaw health. Having jaw issues or uneven teeth may contribute to improper cleaning methods, which can result in tooth decay and even periodontal disease or total tooth loss. Orthodontic issues that remain untreated can cause digestion and chewing difficulties, speech impairments, and uneven wear on the surfaces of the tooth. With time, too much pressure on the periodontal (gum) tissues and the supporting bones of the teeth may affect the jaw joints leading to issues such as headaches or neck and face pain.

There have been numerous advancements in orthodontics, so wearing braces has never been better. The new cutting edge mouth appliances and treatment options are currently available, including traditional metal braces, to clear and tooth coloured braces, to lingual braces that are positioned on the backside of the teeth. Numerous individuals could even be candidates for alignment with Invisalign, a revolutionary way to straighten teeth utilizing clear, retainer type aligners that require no wires or braces.

Orthodontic braces treatment is highly recommended when individuals suffer from overbites, overjets, crossbites, and underbites. A crossbite happens when one or more top arch teeth bite on the inside of the bottom arch teeth. A deep overbite involves the bottom top teeth biting into the tissues of the upper teeth. An overjet issue signifies that the top arch teeth stick out past the shorter lower jaw. Lastly, an underbite or lower jaw protrusion occurs when the lower jaw is longer than the top jaw.

Other motives for orthodontics involve difficulties with speech, biting, chewing, swallowing or breathing. Additionally, jaw joint and jaw pain in addition to disfiguring of the face and mouth might cause one to consider orthodontic treatment.

Cosmetic or aesthetic factors for considering orthodontic treatment could consist of poor spacing of the teeth, extra or missing teeth, crowded teeth, or the reasons could simply involve the improvement of total self image to boost a clients self confidence.