

## Cosmetic Teeth Whitening Coquitlam

Bleaching is arguably the most interesting innovation of oral health technology in the history of dentistry. It has offered individuals a simple alternative and speedy way to lighten and brighten teeth. This aesthetic improvement can have dramatic outcomes on patients self-confidence and offers them an even more attractive and much better physical appearance. Teeth can be the most noticeable part of the face besides the eyes during a conversation. The movement of our mouth as well as the audio of our voice elicit interest to our mouth when we communicate.

Effectiveness of teeth whitening has proved to be successful on nearly 99% of clients; though, there are certain instances when the teeth whitening gels have no effect. Often the best results are accomplished on individuals with a yellowish or golden-tinged hues on their teeth. Patients who have got numerous shade bands, tetracycline stains, or grey shades might have limited results.

The level of teeth whitening is tremendously varied and the resulting end colour will be different from person to person. Although you may not get a perfect white color, getting your teeth a few shades lighter or brighter is an achievable end goal.

A bleaching system is a pain-free treatment that utilizes a chemical reaction to break stains down to lighten dark, stained teeth. There are three main variations of whitening treatments, with two possibilities able to be done in-office and one that is a take-home method.

**ZOOM! Bleaching** - by utilizing the strong bleaching gel in combination with the ZOOM! light you can achieve power bleaching. Collectively they work to gently penetrate the teeth, breaking the stains and discolouration. Benefits can be viewed within one to three hours, nevertheless the process may require an additional session, as results may vary between individuals.

**Laser Bleaching** - bleaching with a laser is extremely similar to ZOOM! bleaching but a specialized laser light is instead used to activate the whitening gels. Clients will be able to notice results in approximately 1 hour.

**Home Bleaching** - Unlike in-office treatments, home bleaching is less costly and may perhaps be the safest of all bleaching methods. The at-home therapy uses custom trays made from acrylic materials. There will be a tray for every one of the arches top and bottom. The trays need to be filled with a special whitening gel and positioned above the teeth leaving them in for a minimum of 30 minutes to 4 hours every day for up to fourteen days.