

## Dental Emergencies Coquitlam

Any dental emergency like an injury to the teeth or gums might be potentially serious and must not be ignored. Ignoring an oral health problem can increase the risk of permanent damage along with the need for further extensive and expensive treatments down the road.

Here is some dental emergencies and the ways to successfully deal with them:

**Toothaches** - Phase one is usually to thoroughly rinse out your mouth with lukewarm water. By means of floss make an effort to eliminate any stuck food stuck in the teeth and if there is any inflammation of the mouth make an effort to apply a cold compress to the outer surface of the face or cheeks. Note - painkillers should not be placed directly on the gums to relieve pain as they may possibly burn the gum tissues.

**Chipped or broken teeth** - Salvage any pieces. Wash the mouth using warm water; rinse any damaged pieces. If there's bleeding, apply a piece of gauze to the area for around 10 minutes or until the bleeding stops. Apply a cold compress to the outer surface of the mouth, cheek, or lip close by the broken/chipped tooth to keep any swelling down and relieve pain.

**Knocked-out tooth** - If your tooth has become dislodged, make an effort to retrieve the tooth and holding it by the crown (the section that includes the biting surface of the tooth), gently wash any dirt or remains off the tooth root with water. But, make certain you do not remove any of the attached tissue fragments. If at all feasible, place the tooth back into the socket, however make sure that it is facing the right way. Do not force it back into the socket however. If you can't rest the tooth back into its socket, place the tooth in a cup of milk (if you have no milk, make use of water with a pinch of salt). Visit your dental clinician as soon as possible. Knocked out teeth with the highest likelihood of being saved are those seen by the dentist and returned to their socket within one hour of being knocked out.

**Extruded (partially dislodged) tooth** - Go to see your oral health care professional immediately. Before you reach your oral health doctors office, try applying a cold compress to the outer surface of the cheeks or oral cavity nearby the affected area to sooth pain. If needed, take an over-the-counter pain medication like Tylenol or Advil.

**Matter jammed between your teeth** - In the beginning, try using dental floss to very gently and cautiously get rid of the object. If you can't get the object out, see your dentist. Never use a pin or other sharp object to poke at the caught object. These devices can cut your gums or scratch your tooth's exterior.

**Tooth abscesses** - Abscesses are infections that crop up near the root of a tooth or in the space between the teeth and gums. Abscesses are a acute condition that can damage tissues and surrounding teeth, with the infection possibly spreading to other parts of the body if left untreated.

Because of the serious dental and general health troubles that might result from an abscess, visit your oral health care provider as soon as possible if you come across a pimple-like swelling on your gum that typically is painful. In the meantime, to lessen the pain and draw the pus toward the exterior, try rinsing your mouth with a mild salt water solution (1/2 teaspoon of salt in eight ounces of water) several times a day.