

## Coquitlam TMJ Specialist

The chief jaw joint is positioned right in front of the ear. Certain people experience jawbone clicking and popping when opening the mouth, but this likely does not produce too much distress. However, this may be a major cause of continual headaches and severe soreness.

Throughout an examination the jaw joint could be analyzed using a Doppler ultrasound which allows us to look for any internal ailment. More information can be accumulated to search for the basis of discomfort by investigating for nerve impingement at the back of the ear and by pulsating the facial muscles.

Most of the familiar causes of jaw joint pain consists of injury or trauma to the jaw, uneven bites, hereditary or congenital troubles, current medical conditions, loss of the back teeth, or clenching or grinding conditions.

Jaw joint disorders depending on the source and severity of the pains can be complex to treat. The most typical source of distress are the muscles in the face, the teeth, or from swelling surrounding the jaw joint area itself.

There are several different treatment techniques that range from a precise routine of prescription medicinal drugs, acupuncture, or physiotherapy, if the issues are connected to teeth or muscle, a splint will typically be made. This kind of splint is regularly known as a Bruxism support, biting application, or mouth guard. Its main purpose is to reduce the the tension on the teeth brought on once they grind against each other or when they are firmly clenched together. The decline in strain will permit the face muscles to unwind and will place less tension on the jaw joint.

Treatment times for this disorder will vary based upon the individual and the severity of the condition. On some occasions an individual can find immediate comfort, or it might take a person many different years to obtain positive outcomes.